

DRINKS

	8oz	12oz	16oz
COFFEE			
ITALIAN ROAST	1.75	2	2.25
DECAF ITALIAN ROAST ...	1.75	2	2.25
CAFÉ LATTE	3	3.25	3.5
MOCHA	3.25	3.50	3.75
CAPPUCCINO	3	3.25	
CAFÉ AU LAIT	2	2.50	2.75
CAFÉ MIEL	3	3.50	3.75
CHAI TEA LATTE	3	3.50	3.75
HOT CHOCOLATE	2	2.50	2.75
STEAMER.....	2	2.50	2.75
MACCHIATO.....	3		
AMERICANO.....	2.5		
ESPRESSO (double).....	2.5		
HOT TEA.....	1.5		
ADD FLAVOR.....	.50		
COLD BREW			3.00

SMOOTHIES

BOUNTY	5.00
in-season fruit, spinach, orange juice, yogurt, banana, honey	
ELVIS.....	5.00
kale, peanut butter, banana, honey, choice of milk	
PACIFIC	5.00
apple, kale, ginger, chia seeds, apple juice, honey, and blueberries	

BREAKFAST

A LA CARTE

EGGS.....	2.50
EGG WHITES.....	3.00
BACON (2 slices).....	2.00
SAUSAGE	1.00
TOAST.....	1.75
cracked wheat, como, english muffin	
BAGEL & CREAM CHEESE.....	2.50
plain, cheddar, sesame, everything, jalapeno	
BREAKFAST SANDWICH	4.00
eggs, cheese, meat choice, served on english muffin (substitute toast or bagel - add \$1)	
BREAKFAST BURRITO.....	5.75
eggs, cheese, meat choice, salsa, potatoes	
HELL'S HUEVOS.....	3.50
scrambled eggs with jalapenos and cream cheese	
JOE'S SCRAMBLE.....	6.00
scrambled eggs with sausage, onions, spinach, mushrooms, parmesan and garlic	
VEGGIE SCRAMBLE	6.00
eggs scrambled, with mixed seasonal veggies	
BELGIAN WAFFLE.....	5.00
real maple syrup or strawberries	
YOGURT PARFAIT	4.00
vanilla yogurt with granola & berry compote	

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grandcruhospitality.com

LUNCH

HUMMUS PLATE.....	6.50
house made hummus, carrots, celery, cucumber, pita, olives	
PICK 2	6.50
•cup of soup or hippie chili •half sandwich •side salad •grilled cheese	
SANDWICHES	
BUILD YOUR OWN SANDWICH	7.00
pick your bread, meat, & cheese includes lettuce, tomato & mayo; served with chips & pickle spear (substitute side salad or house soup- add \$1)	
BREAD -*Gluten Free Bread add \$1	
cracked wheat • como • hoagie roll • flour tortilla • wheat wrap • ciabatta • bagel	
MEAT	
turkey • ham • tuna salad • chicken	
CHEESE	
cheddar•swiss•smoked mozzarella•cream cheese	
CLUB WRAP.....	6.50
turkey, ham, bacon, cheese, tomatoes, lettuce, ranch & mayo (make it a sandwich add \$1)	
CAESAR WRAP	6.00
romaine, parmesan cheese, croutons	
VEGGIE WRAP	6.00
spinach, tomato, cucumber, hummus, carrots, ranch	
BLTA.....	6.50
SALADS	
ranch, blue cheese, black olive vinaigrette, white balsamic vinaigrette, caesar	
HOUSE SALAD	4.00
roma tomatoes, cukes, carrots & sunflower seeds	
SPINACH SALAD.....	5.50
baby spinach, bacon, blue cheese, dried cranberries, sunflower seeds	
CLASSIC CAESAR SALAD	5.00
KALE & QUINOA SALAD.....	6.50
pickled carrots, cucumbers, roasted yams, tofu	
COBB SALAD.....	7.00
romaine, cucumber, tomato, egg, blue cheese, diced chicken, bacon	
WARM KALE	6.50
bacon, aged gouda, hard egg, balsamic, seed & nut brittle	
BOWLS	
SUPER BOWL	5.50
brown rice, stir fried veggies, peanut/teriyaki sauce	
BUENO BOWL	5.50
brown rice, black beans, cheese, pico de gallo & sour cream	
SUPER YAKISOBA BOWL	6.50
yakisoba, stir fried veggies, & peanut/teriyaki sauce	
VEGAN BOWL	6.50
quinoa, black beans, roasted yams, kale, pickled carrots & cashew cream	
ADD ON'S	PRICES VARY
chicken cheese fried egg tuna salad	
turkey tofu wrap hard boiled	
ham avocado tomato egg	
SCRATCH SOUP OR CHILI	
comes with bread	
CUP	3.50
BOWL	4.50

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LUNCH

HUMMUS PLATE 6.50

house made hummus, carrots, celery, cucumber, pita, olives

PICK 2 6.50

•cup of soup or hippie chili •half sandwich
•side salad •grilled cheese

SANDWICHES

BUILD YOUR OWN SANDWICH 7.00

pick your bread, meat, & cheese includes lettuce, tomato & mayo; served with chips & pickle spear (substitute side salad or house soup- add \$1)

BREAD -*Gluten Free Bread add \$1

cracked wheat • como • hoagie roll •
flour tortilla • wheat wrap • ciabatta • bagel

MEAT

turkey • ham • tuna salad • chicken

CHEESE

cheddar • swiss • smoked mozzarella • cream cheese

CLUB WRAP 6.50

turkey, ham, bacon, cheese, tomatoes, lettuce, ranch & mayo (make it a sandwich add \$1)

CAESAR WRAP 6.00

romaine, parmesan cheese, croutons

VEGGIE WRAP 6.00

spinach, tomato, cucumber, hummus, carrots, ranch

BLTA 6.50

SALADS

ranch, blue cheese, black olive vinaigrette, white balsamic vinaigrette, caesar

HOUSE SALAD 4.00

roma tomatoes, cukes, carrots & sunflower seeds

SPINACH SALAD 5.50

baby spinach, bacon, blue cheese, dried cranberries, sunflower seeds

CLASSIC CAESAR SALAD 5.00

KALE & QUINOA SALAD 6.50

pickled carrots, cucumbers, roasted yams, tofu

COBB SALAD 7.00

romaine, cucumber, tomato, egg, blue cheese, diced chicken, bacon

WARM KALE 6.50

bacon, aged gouda, hard egg, balsamic, seed & nut brittle

BOWLS

SUPER BOWL 5.50

brown rice, stir fried veggies, peanut/teriyaki sauce

BUENO BOWL 5.50

brown rice, black beans, cheese, pico de gallo & sour cream

SUPER YAKISOBA BOWL 6.50

yakisoba, stir fried veggies, & peanut/teriyaki sauce

VEGAN BOWL 6.50

quinoa, black beans, roasted yams, kale, pickled carrots & cashew cream

ADD ON'S **PRICES VARY**

chicken cheese fried egg tuna salad
turkey tofu wrap hard boiled
ham avocado tomato egg

SCRATCH SOUP OR CHILI

comes with bread

CUP 3.50

BOWL 4.50

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DRINKS

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STEAMER	2	2.50	2.75
MACCHIATO	3		
AMERICANO	2.5		
ESPRESSO (double)	2.5		
HOT TEA	1.5		
ADD FLAVOR50		
COLD BREW			3.00

SMOOTHIES

BOUNTY..... 5.00

in-season fruit, spinach, orange juice, yogurt, banana, honey

ELVIS..... 5.00

kale, peanut butter, banana, honey, choice of milk

PACIFIC 5.00

apple, kale, ginger, chia seeds, apple juice, honey, and blueberries

BREAKFAST

A LA CARTE

EGGS..... 2.50

EGG WHITES..... 3.00

BACON (2 slices)..... 2.00

SAUSAGE..... 1.00

TOAST..... 1.75

cracked wheat, como, english muffin

BAGEL & CREAM CHEESE..... 2.50

plain, cheddar, sesame, everything, jalapeno

BREAKFAST SANDWICH 4.00

eggs, cheese, meat choice, served on english muffin (substitute toast or bagel - add \$1)

BREAKFAST BURRITO..... 5.75

eggs, cheese, meat choice, salsa, potatoes

HELL'S HUEVOS..... 3.50

scrambled eggs with jalapenos and cream cheese

JOE'S SCRAMBLE..... 6.00

scrambled eggs with sausage, onions, spinach, mushrooms, parmesan and garlic

VEGGIE SCRAMBLE 6.00

eggs scrambled, with mixed seasonal veggies

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